**Recipe**

|  |  |
| --- | --- |
| TEAM NUMBER |  |

|  |  |
| --- | --- |
| Menu Item |  |
| **Number of Portions** |  | **Portion Size** |  |
| **Cooking Method(s)** |  |
| **Recipe Source** |  |

|  |
| --- |
| **Ingredients** |
| Item | Amount |
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| --- |
| **Procedure** |
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## Food Cost

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| --- | --- |
| TEAM NUMBER |  |
| Menu Item |  |
| **Number of Portions** |  | **Portion Size** |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Ingredient | Purchase Unit | Purchase cost | Unit cost | Amount Needed | Ingredient Cost |
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| --- | --- |
| **Subtotal** |  |
| **1 % for small amounts of spices (Q Factor)**  |  |
| **Total Recipe Cost** |  |
| **Portion Cost**  |  |

## Menu Price

|  |  |
| --- | --- |
| TEAM NUMBER |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Menu Category | * Starter
 | * Entree
 | * Dessert
 |

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| --- | --- |
| Recipe | Portion Cost |
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| --- | --- |
| **Total Plate Portion Cost** |  |
| **Menu Price at 33% Food Cost** |  |
| **Actual Price on Menu** |  |

**Knife Skills**

|  |  |
| --- | --- |
| TEAM NUMBER |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| # | Cut | Ingredient | Dish Featured | Designated Team Member |
| 1 |  |  |  |  |
| 2 |  |  |  |  |
| 3 |  |  |  |  |
| 4 |  |  |  |  |